

Please see the following steps while trying on ski boots:

- ✧ **Take off the shoes , socks to measure the size of the both feet, foot type. The length of the ski boots should be calculated with centimeter from the toe to the heel;**
- ✧ **Wearing a pair of thin ski socks for feeling of precision or even without socks as too thick socks will be influenced the control while skiing;**
- ✧ **Should select the right length of the ski boots from toe to heel. It will be easy to injure if the ski boots are too big, also influence the control of skiing and your skiing performance;**
- ✧ **There is certain space in between the foot heel and the boots heel , so after wearing the boots, the foot heel must press hard to the ground & push backward, make the foot heel stick to heel pocket cushion closely to test the right length of the ski boots ;**

- ✧ **Stand up to imitate the posture of skiing, body inclines forward, bend your knees, your shins push against the front of the ski boots tongue, walk around for 15-30 minutes so as to feel whether different position of the boots is suitable for your foot shape;**
- ✧ **Must not sit to try on the ski boots, while sitting, it will push your heel forward, make you have a wrong feeling that the boots is too small for you as your toe stuck to the head of the boots tightly. Also you will never sit to ski !**

******* Make sure not only go with the colors , nice outlook or price to select your ski boots*******

- You should :**
- 1. know your skiing ability and skill level;**
 - 2. spare enough time at least 2 hours for trying on ski boots;**
 - 3. try at least two - three different types of boots;**

4. asking for the advice from the boot fitter to get the perfect fit;

After well-fitting your boots, custom made a pair of insoles, it helps you to strengthen the support of foot arch & make better control while skiing.

IMPORTANCE:

Do not try ski boots after your foot injured, surgery, pain with wounded shin....etc.